

## **FAMILY DAY MARCH 2020: SPIRIT OF HOLI**



Holi is a Hindu Festival, popularly known as the "Festival of Spring" and the "Festival of Colours".

The festival signifies the victory of good over evil and signifies the arrival of spring and the end of winter. The gloom of the winter goes as Holi promises of bright summer days.

The festival lasts for a night and day in March, starting on the evening of the *Purnima* (Full Moon Day) with the lighting of a bonfire. The next morning is celebrated as *Rangwali Holi* – a free-for-all festival of colours, where people smear each other with *gulal* (coloured powders) and drench each other in coloured water using *pichkaris* (water guns).

People visit family and friends then share Holi delicacies, food and drinks.

We think William Morris would have loved Holi, a celebration of colour and spring's arrival. Many of his designs were inspired by Indian colours and patterns - like Snakeshead, shown here.

Here is William Morris's poem that he wrote about Spring.

## **Spring**

Spring am I, too soft of heart Much to speak ere I depart: Ask the Summer-tide to prove The abundance of my love.

Now try our marbling activity inspired by the colours of Holi and the arrival of spring!